

## Royal massage

Enjoy the most popular massage therapy. A relaxing combination of a “release & relax motion massage”, “deep tissue massage” and “sport massage”.

**Therapy 90 minutes - 140 €**

## Sport massage

Massage therapy for athletes or for those who suffer from severe body pain due to strenuous exercise or rigorous activity.

**Therapy 90 minutes - 120 €**

**Therapy 60 minutes - 95 €**

## Deep Tissue Massage

A massage therapy which goes into depth. The deep tissue therapy functions using natural methods by softening and breaking up the symphysis through the use of deep pressure and massaging which is implemented horizontally on the muscle tissue. It is applied to particular problems such as: - Chronic pain - restricted mobility - therapy for injuries - musculoskeletal pain - problems with posture - muscular spasms - trigger points.

**Therapy 60 minutes - 95 €**

## Release and Relax Motion Massage

A relaxing, functional kneading for the alleviation of musculoskeletal pain as well as the restoration of energy. It maintains our general health and fitness, offers relaxation and has significant benefits for all the body's essential systems. Also it is an anti-stressing massage for those who are very stressed.

**Therapy 60 minutes - 95 €**

**Therapy 45 minutes - 80 €**

## Express Journey massage

Relaxing body and foot massage that offer general body relaxation.

**Therapy 30 minutes - 60 €**

## Foot massage

Be free from the stress and relax through a beneficial massage of the feet and legs, and achieve better circulation of blood and energy throughout the whole body.

**Therapy 20 minutes - 50 €**



Take care of yourself, discover massage pleasant...

To make your appointment please contact front desk.